

| ACU British Sprint Day 1 Overall | | | | | | | | | | |
|----------------------------------|-----|-------------------|-----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 12 | Brad Freeman | Championship E2 | 00:05:54.478 | 00:05:43.417 | 00:05:39.724 | 00:05:38.854 | 00:05:34.841 | 00:05:37.362 | 00:34:08.676 |
| 2 | 1 | Nathan Watson | Championship E2 | 00:05:59.868 | 00:05:51.777 | 00:05:49.252 | 00:05:45.587 | 00:05:40.675 | 00:05:40.957 | 00:34:48.116 |
| 3 | 68 | Jamie McCanney | Championship E2 | 00:05:59.015 | 00:05:57.208 | 00:05:50.943 | 00:05:52.145 | 00:05:51.654 | 00:05:51.184 | 00:35:22.149 |
| 4 | 118 | Jack Edmondson | Championship E1 | 00:06:03.787 | 00:05:58.583 | 00:05:59.319 | 00:05:52.245 | 00:05:50.153 | 00:05:49.194 | 00:35:33.281 |
| 5 | 4 | Dan Mundell | Championship E2 | 00:06:04.240 | 00:06:00.452 | 00:05:56.890 | 00:05:55.578 | 00:05:51.172 | 00:05:47.846 | 00:35:36.178 |
| 6 | 42 | Callum Hughes | Under 23 Championship | 00:06:22.070 | 00:06:11.331 | 00:06:10.386 | 00:06:09.626 | 00:06:06.236 | 00:06:06.953 | 00:37:06.602 |
| 7 | 8 | Sam Davies | Championship E1 | 00:06:19.913 | 00:06:11.796 | 00:06:13.859 | 00:06:08.379 | 00:06:07.556 | 00:06:08.442 | 00:37:09.945 |
| 8 | 6 | Ricky Wiggins | Championship E2 | 00:06:27.979 | 00:06:13.905 | 00:06:14.527 | 00:06:09.984 | 00:06:08.760 | 00:06:10.701 | 00:37:25.856 |
| 9 | 20 | Rees Jones | Under 23 Championship | 00:06:35.764 | 00:06:18.824 | 00:06:13.316 | 00:06:13.650 | 00:06:07.076 | 00:06:06.934 | 00:37:35.564 |
| 10 | 17 | Charlie Crossland | Under 23 Championship | 00:06:23.679 | 00:06:15.728 | 00:06:15.665 | 00:06:14.788 | 00:06:19.097 | 00:06:16.707 | 00:37:45.664 |
| 11 | 3 | Alfie Webb | Championship E1 | 00:06:30.575 | 00:06:22.547 | 00:06:14.575 | 00:06:13.899 | 00:06:14.753 | 00:06:16.031 | 00:37:52.380 |
| 12 | 9 | Ryan Crowder | Championship E1 | 00:06:35.873 | 00:06:24.115 | 00:06:19.563 | 00:06:13.345 | 00:06:11.162 | 00:06:14.095 | 00:37:58.153 |
| 13 | 53 | Josh Lawer | Expert E1 | 00:06:38.205 | 00:06:26.979 | 00:06:21.214 | 00:06:19.782 | 00:06:16.536 | 00:06:18.763 | 00:38:21.479 |
| 14 | 18 | Ross Danby | Championship E2 | 00:06:33.550 | 00:06:31.707 | 00:06:27.968 | 00:06:27.061 | 00:06:24.890 | 00:06:28.521 | 00:38:53.697 |
| 15 | 48 | Henry Life | Under 23 Expert | 00:06:44.383 | 00:06:30.918 | 00:06:28.111 | 00:06:28.198 | 00:06:24.063 | 00:06:23.288 | 00:38:58.961 |
| 16 | 22 | Keelan Hope | Under 23 Championship | 00:06:38.984 | 00:06:35.420 | 00:06:34.964 | 00:06:27.502 | 00:06:29.283 | 00:06:26.739 | 00:39:12.892 |
| 17 | 28 | Ryan Comer | Expert E2 | 00:06:49.577 | 00:06:38.485 | 00:06:31.375 | 00:06:27.525 | 00:06:27.045 | 00:06:30.798 | 00:39:24.805 |
| 18 | 34 | Albert Martindale | Expert E2 | 00:06:42.900 | 00:06:48.678 | 00:06:36.469 | 00:06:29.380 | 00:06:30.001 | 00:06:24.577 | 00:39:32.005 |
| 19 | 77 | Will Keenan | Expert E2 | 00:06:49.070 | 00:06:38.357 | 00:06:37.172 | 00:06:42.513 | 00:06:31.133 | 00:06:39.561 | 00:39:57.806 |
| 20 | 29 | Rhys Davies | Expert E2 | 00:06:44.055 | 00:06:36.333 | 00:06:36.274 | 00:06:37.607 | 00:06:43.013 | 00:06:43.089 | 00:40:00.371 |
| 21 | 35 | James Paczynski | Expert E2 | 00:06:58.179 | 00:06:46.374 | 00:06:43.136 | 00:06:36.368 | 00:06:30.832 | 00:06:32.934 | 00:40:07.823 |
| 22 | 26 | Ryan Mundell | Expert E1 | 00:06:49.286 | 00:06:45.926 | 00:06:39.919 | 00:06:44.718 | 00:06:35.801 | 00:06:36.641 | 00:40:12.291 |
| 23 | 67 | Ryan Rowlands | Expert E1 | 00:06:47.934 | 00:06:44.792 | 00:06:42.015 | 00:06:39.739 | 00:06:41.002 | 00:06:40.701 | 00:40:16.183 |
| 24 | 128 | Ben Allen | Youth 12-16 | 00:06:47.181 | 00:06:41.509 | 00:06:41.358 | 00:06:44.335 | 00:06:42.140 | 00:06:42.878 | 00:40:19.401 |
| 25 | 10 | Richard Ely | Expert E1 | 00:06:50.975 | 00:06:39.209 | 00:06:45.834 | 00:06:41.364 | 00:06:41.491 | 00:06:41.211 | 00:40:20.084 |
| 26 | 19 | Henry Partridge | Expert E1 | 00:06:57.230 | 00:06:50.492 | 00:06:38.446 | 00:06:38.883 | 00:06:41.168 | 00:06:35.458 | 00:40:21.677 |
| 27 | 50 | Fraiser Lampkin | Under 23 Expert | 00:06:40.042 | 00:06:26.170 | 00:08:00.652 | 00:06:25.185 | 00:06:23.701 | 00:06:26.669 | 00:40:22.419 |
| 28 | 38 | Rhydian Rees | Expert E1 | 00:07:31.480 | 00:06:44.523 | 00:06:37.319 | 00:06:35.302 | 00:06:27.265 | 00:06:26.720 | 00:40:22.609 |
| 29 | 37 | Jacob Potts | Expert E2 | 00:06:47.637 | 00:06:40.703 | 00:06:51.155 | 00:06:41.472 | 00:06:42.506 | 00:06:43.554 | 00:40:27.027 |
| 30 | 41 | Jamie Paget | Expert E2 | 00:06:59.749 | 00:06:46.203 | 00:06:46.600 | 00:06:42.149 | 00:06:39.678 | 00:06:38.578 | 00:40:32.957 |
| 31 | 33 | Josh Kirby | Expert E2 | 00:06:54.068 | 00:06:44.894 | 00:06:40.462 | 00:06:46.336 | 00:06:44.522 | 00:06:43.124 | 00:40:33.406 |
| 32 | 30 | Matt Hockenhull | Expert E2 | 00:07:03.179 | 00:06:50.961 | 00:06:36.227 | 00:06:40.499 | 00:06:35.581 | 00:06:48.949 | 00:40:35.396 |
| 33 | 7 | Jamie Powell | Vets 45+ | 00:06:51.181 | 00:06:45.049 | 00:06:41.255 | 00:06:43.899 | 00:06:52.942 | 00:06:44.204 | 00:40:38.530 |
| 34 | 27 | Jamie Buckingham | Expert E2 | 00:06:56.629 | 00:06:49.883 | 00:06:47.391 | 00:06:45.900 | 00:06:42.883 | 00:06:44.553 | 00:40:47.239 |
| 35 | 21 | Ethan Phillips | Expert E1 | 00:06:49.186 | 00:06:47.600 | 00:06:41.819 | 00:07:08.768 | 00:06:44.572 | 00:06:42.106 | 00:40:54.051 |
| 36 | 24 | Jordan Ridgway | Expert E1 | 00:06:50.029 | 00:07:01.942 | 00:07:01.449 | 00:06:43.520 | 00:06:36.589 | 00:06:41.646 | 00:40:55.175 |
| 37 | 120 | Jack Sandland | Under 23 Expert | 00:06:50.024 | 00:06:48.840 | 00:07:07.701 | 00:06:49.038 | 00:06:38.236 | 00:06:41.379 | 00:40:55.218 |
| 38 | 52 | Tom Shepherd | Expert E2 | 00:06:55.296 | 00:06:43.125 | 00:06:38.991 | 00:06:50.373 | 00:06:57.032 | 00:06:51.262 | 00:40:56.079 |
| 39 | 129 | Jack Brooks | Youth 12-16 | 00:06:56.225 | 00:06:51.578 | 00:06:45.621 | 00:06:51.280 | 00:06:50.286 | 00:06:51.863 | 00:41:06.853 |
| 40 | 5 | Toby Bailey | Championship E2 | 00:06:56.733 | 00:06:45.938 | 00:06:54.102 | 00:06:47.231 | 00:07:02.700 | 00:06:50.450 | 00:41:17.154 |
| 41 | 31 | Jordan Jones | Expert E2 | 00:07:00.146 | 00:06:55.720 | 00:06:56.368 | 00:06:56.722 | 00:06:54.022 | 00:06:47.974 | 00:41:30.952 |
| 42 | 71 | John Shirt | Vets 45+ | 00:06:58.847 | 00:06:52.498 | 00:07:03.855 | 00:06:50.842 | 00:06:53.372 | 00:06:54.578 | 00:41:33.992 |
| 43 | 32 | Lucas Travers | Expert E1 | 00:06:56.631 | 00:07:04.652 | 00:06:52.969 | 00:06:56.517 | 00:06:53.247 | 00:06:57.140 | 00:41:41.156 |
| 44 | 140 | Daniel Rosborough | Youth 12-16 | 00:07:01.628 | 00:07:01.567 | 00:06:53.291 | 00:06:49.689 | 00:07:07.729 | 00:06:47.474 | 00:41:41.378 |
| 45 | 55 | Ollie Samways | Under 23 Expert | 00:07:02.378 | 00:06:55.966 | 00:06:50.594 | 00:06:52.275 | 00:07:22.320 | 00:06:52.180 | 00:41:55.713 |
| 46 | 101 | James Clarke | Expert E2 | 00:07:05.626 | 00:07:10.259 | 00:07:18.294 | 00:06:58.719 | 00:06:58.617 | 00:06:55.547 | 00:42:27.062 |
| 47 | 54 | Ailbie O'Connell | Expert E2 | 00:07:08.746 | 00:06:58.770 | 00:07:16.897 | 00:07:10.254 | 00:07:01.017 | 00:07:11.600 | 00:42:47.284 |
| 48 | 62 | Arron Crowder | Vets 45+ | 00:07:19.716 | 00:07:06.590 | 00:07:10.186 | 00:07:02.719 | 00:07:03.374 | 00:07:06.651 | 00:42:49.236 |
| 49 | 60 | James Berrill | Vets 45+ | 00:07:23.263 | 00:07:12.361 | 00:07:07.272 | 00:07:05.346 | 00:07:05.273 | 00:06:58.237 | 00:42:51.752 |
| 50 | 98 | Chris Hughes | Clubman E2 | 00:07:22.443 | 00:07:12.266 | 00:07:09.468 | 00:07:10.115 | 00:07:11.106 | 00:07:09.612 | 00:43:15.010 |
| 51 | 76 | Eddie Phillips | Clubman E2 | 00:07:25.380 | 00:07:08.880 | 00:07:09.009 | 00:07:08.665 | 00:07:15.291 | 00:07:08.172 | 00:43:15.397 |
| 52 | 63 | Karl Greenall | Vets 45+ | 00:07:25.939 | 00:07:10.382 | 00:07:10.643 | 00:07:14.349 | 00:07:11.891 | 00:07:11.520 | 00:43:24.724 |
| 53 | 64 | Aled Humphreys | Expert E2 | 00:07:15.488 | 00:07:12.058 | 00:07:08.522 | 00:07:33.707 | 00:07:18.993 | 00:07:21.259 | 00:43:50.027 |
| 54 | 83 | Paul J Clarke | Clubman E1 | 00:07:25.353 | 00:07:15.549 | 00:07:23.370 | 00:07:26.752 | 00:07:15.532 | 00:07:09.738 | 00:43:56.294 |
| 55 | 44 | Rosie Rowett | Ladies | 00:07:45.209 | 00:07:10.834 | 00:07:16.831 | 00:07:14.408 | 00:07:14.886 | 00:07:16.147 | 00:43:58.315 |
| 56 | 91 | Paddy Rosney | Clubman E1 | 00:07:25.813 | 00:07:14.801 | 00:07:21.216 | 00:07:23.534 | 00:07:17.421 | 00:07:24.733 | 00:44:07.518 |
| 57 | 57 | Annabelle Bolt | Ladies | 00:07:32.005 | 00:07:18.443 | 00:07:27.698 | 00:07:08.239 | 00:07:20.959 | 00:07:20.813 | 00:44:08.157 |
| 58 | 43 | Nathan Connolly | Clubman E2 | 00:07:43.925 | 00:07:20.300 | 00:07:12.931 | 00:07:18.285 | 00:07:24.077 | 00:07:13.465 | 00:44:12.983 |
| 59 | 66 | Darren Kiff | Vets 45+ | 00:07:21.713 | 00:07:07.640 | 00:07:22.730 | 00:07:34.456 | 00:07:43.870 | 00:07:11.127 | 00:44:21.536 |
| 60 | 99 | Charlie Morgan | Clubman E2 | 00:07:27.619 | 00:07:09.291 | 00:07:42.907 | 00:07:22.211 | 00:07:20.167 | 00:07:24.986 | 00:44:27.181 |
| 61 | 90 | Josh Marsh | Clubman E1 | 00:07:38.268 | 00:07:24.116 | 00:07:20.818 | 00:07:22.118 | 00:07:23.417 | 00:07:21.155 | 00:44:29.892 |
| 62 | 97 | Reece Giles | Clubman E2 | 00:07:34.188 | 00:07:20.605 | 00:07:22.198 | 00:07:22.123 | 00:07:26.334 | 00:07:28.299 | 00:44:33.747 |
| 63 | 45 | Luke Flynn | Under 23 Expert | 00:07:39.694 | 00:07:26.690 | 00:07:40.767 | 00:07:24.473 | 00:07:16.477 | 00:07:16.279 | 00:44:44.380 |
| 64 | 92 | Ben Sprigg | Clubman E1 | 00:07:27.825 | 00:07:27.182 | 00:07:31.281 | 00:07:24.578 | 00:07:28.144 | 00:07:33.898 | 00:44:52.908 |
| 65 | 102 | Steve Vass | Clubman E2 | 00:07:36.092 | 00:07:23.011 | 00:07:34.934 | 00:07:26.634 | 00:07:34.696 | 00:07:29.848 | 00:45:05.215 |
| 66 | 36 | Daniel Atkinson | Expert E1 | 00:07:20.896 | 00:07:11.329 | 00:07:17.563 | 00:09:10.654 | 00:07:18.627 | 00:07:19.048 | 00:45:38.117 |

| | | | | | | | | | | |
|-----|-----|---------------------|-----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 67 | 2 | Harry Jones | Youth 12-16 | 00:07:48.914 | 00:07:31.079 | 00:07:29.785 | 00:07:45.406 | 00:07:32.001 | 00:07:31.134 | 00:45:38.319 |
| 68 | 157 | Brooke Mudie | Ladies | 00:07:54.143 | 00:07:28.738 | 00:07:26.070 | 00:07:16.163 | 00:07:55.792 | 00:07:40.987 | 00:45:41.893 |
| 69 | 25 | Charles Hamer | Youth 12-16 | 00:07:49.105 | 00:07:38.472 | 00:07:38.388 | 00:07:34.830 | 00:07:37.220 | 00:07:27.546 | 00:45:45.561 |
| 70 | 135 | Ioan Humphreys | Youth 12-16 | 00:07:41.253 | 00:07:37.046 | 00:07:48.862 | 00:07:45.185 | 00:07:36.772 | 00:07:35.796 | 00:46:04.914 |
| 71 | 96 | Kirk Giles | Clubman E2 | 00:07:45.372 | 00:07:35.032 | 00:07:44.297 | 00:07:43.304 | 00:07:40.604 | 00:07:44.665 | 00:46:13.274 |
| 72 | 40 | Paul Simons | Expert E2 | 00:07:40.532 | 00:07:38.387 | 00:07:52.080 | 00:07:39.402 | 00:07:36.292 | 00:07:50.511 | 00:46:17.204 |
| 73 | 65 | Dai Jones | Vets 45+ | 00:07:51.334 | 00:07:42.650 | 00:07:48.281 | 00:07:47.063 | 00:07:36.545 | 00:07:32.519 | 00:46:18.392 |
| 74 | 75 | Anthony Crowe | Vets 55+ | 00:07:51.712 | 00:07:45.348 | 00:07:45.407 | 00:07:47.403 | 00:07:40.143 | 00:07:38.934 | 00:46:28.947 |
| 75 | 136 | Theo-Ross Jones | Youth 12-16 | 00:07:35.813 | 00:08:08.671 | 00:07:46.704 | 00:07:43.518 | 00:07:42.518 | 00:07:45.367 | 00:46:42.591 |
| 76 | 142 | Charlie Walters | Youth 12-16 | 00:07:43.365 | 00:07:58.251 | 00:07:35.610 | 00:08:09.333 | 00:07:33.348 | 00:07:44.535 | 00:46:44.442 |
| 77 | 144 | George Williams | Youth 12-16 | 00:07:39.828 | 00:07:55.475 | 00:07:52.903 | 00:08:00.995 | 00:07:48.211 | 00:07:43.760 | 00:47:01.172 |
| 78 | 130 | Billy Chambers | Youth 12-16 | 00:07:45.428 | 00:07:35.430 | 00:07:39.979 | 00:07:53.629 | 00:08:17.037 | 00:08:14.499 | 00:47:26.002 |
| 79 | 88 | Connor Flavell | Clubman E1 | 00:08:44.798 | 00:07:51.099 | 00:08:11.029 | 00:07:47.792 | 00:07:46.910 | 00:07:38.608 | 00:48:00.236 |
| 80 | 133 | Billy Greenall | Youth 12-16 | 00:08:12.080 | 00:07:53.418 | 00:08:33.065 | 00:07:58.651 | 00:07:52.700 | 00:07:46.279 | 00:48:16.193 |
| 81 | 138 | Zayed bin Mohammed | Youth 12-16 | 00:07:51.776 | 00:07:42.061 | 00:07:57.308 | 00:08:07.560 | 00:08:13.771 | 00:08:38.419 | 00:48:30.895 |
| 82 | 47 | Preston Flynn | Youth 12-16 | 00:07:00.618 | 00:14:08.707 | 00:07:04.640 | 00:06:49.621 | 00:06:45.430 | 00:06:45.667 | 00:48:34.683 |
| 83 | 94 | Liam English | Clubman E2 | 00:08:07.107 | 00:07:48.284 | 00:07:40.684 | 00:07:44.416 | 00:08:05.624 | 00:09:12.879 | 00:48:38.994 |
| 84 | 147 | Taylor Darnley | Youth 12-16 | 00:08:12.674 | 00:08:02.948 | 00:07:52.624 | 00:08:30.332 | 00:07:59.867 | 00:08:18.697 | 00:48:57.142 |
| 85 | 117 | James Linney | Sportsman | 00:08:08.260 | 00:08:13.341 | 00:08:08.108 | 00:08:19.892 | 00:08:04.908 | 00:08:11.919 | 00:49:06.428 |
| 86 | 89 | Luke Jones | Clubman E1 | 00:08:54.442 | 00:07:57.802 | 00:08:20.266 | 00:08:19.702 | 00:08:06.465 | 00:08:05.525 | 00:49:44.202 |
| 87 | 122 | Conner Redman | Sportsman | 00:08:47.032 | 00:08:27.776 | 00:08:13.841 | 00:08:13.786 | 00:07:59.619 | 00:08:48.545 | 00:50:30.599 |
| 88 | 127 | Dave Withington | Sportsman | 00:08:33.013 | 00:08:16.802 | 00:08:21.248 | 00:08:23.700 | 00:08:23.508 | 00:08:37.067 | 00:50:35.338 |
| 89 | 107 | Liam Tran | Sportsman | 00:08:21.429 | 00:08:30.716 | 00:08:19.474 | 00:08:17.350 | 00:09:00.950 | 00:08:35.636 | 00:51:05.555 |
| 90 | 69 | Ludovit Lucan | Vets 45+ | 00:08:46.416 | 00:08:27.093 | 00:08:31.543 | 00:08:34.310 | 00:08:29.076 | 00:08:36.555 | 00:51:24.993 |
| 91 | 93 | Jason Rowlands | Clubman E1 | 00:08:29.853 | 00:08:09.086 | 00:08:27.055 | 00:09:00.646 | 00:08:48.246 | 00:08:36.814 | 00:51:31.700 |
| 92 | 134 | Bill Guiry | Youth 12-16 | 00:08:01.635 | 00:08:12.035 | 00:09:10.087 | 00:09:11.662 | 00:08:45.499 | 00:08:37.806 | 00:51:58.724 |
| 93 | 137 | Brooklyn Knill | Sportsman | 00:08:54.607 | 00:08:42.080 | 00:08:44.488 | 00:08:42.281 | 00:08:31.635 | 00:08:37.178 | 00:52:12.269 |
| 94 | 125 | Ricardo Taraborelli | Sportsman | 00:08:35.376 | 00:08:39.039 | 00:08:34.611 | 00:08:45.250 | 00:08:51.260 | 00:08:49.192 | 00:52:14.728 |
| 95 | 112 | Lee Carpenter | Vets 55+ | 00:08:41.256 | 00:08:38.273 | 00:08:52.490 | 00:08:33.205 | 00:08:33.715 | 00:08:58.273 | 00:52:17.212 |
| 96 | 109 | Saul Hayden | Sportsman | 00:08:57.710 | 00:08:38.578 | 00:08:39.764 | 00:08:36.508 | 00:08:45.662 | 00:08:50.371 | 00:52:28.593 |
| 97 | 111 | Tom Hughes | Sportsman | 00:09:16.669 | 00:08:40.730 | 00:08:32.358 | 00:08:38.462 | 00:08:39.987 | 00:08:45.332 | 00:52:33.538 |
| 98 | 113 | Matt Jesson | Sportsman | 00:08:44.394 | 00:08:26.784 | 00:08:48.273 | 00:08:44.946 | 00:08:57.450 | 00:08:58.829 | 00:52:40.676 |
| 99 | 87 | Cian Evans | Clubman E1 | 00:08:40.961 | 00:09:00.266 | 00:08:43.546 | 00:08:46.788 | 00:09:22.546 | 00:08:44.131 | 00:53:18.238 |
| 100 | 100 | Tommy Rowan | Youth 12-16 | 00:08:31.658 | 00:09:05.742 | 00:09:00.836 | 00:08:48.256 | 00:08:51.315 | 00:09:17.484 | 00:53:35.291 |
| 101 | 85 | Emmy Pitcher | Ladies | 00:08:13.892 | 00:08:04.099 | 00:09:42.792 | 00:09:07.200 | 00:09:56.000 | 00:08:35.184 | 00:53:39.167 |
| 102 | 103 | Dean Alexander | Sportsman | 00:08:59.835 | 00:08:58.944 | 00:09:05.518 | 00:09:26.531 | 00:09:29.220 | 00:09:14.804 | 00:55:14.852 |
| 103 | 106 | Dan Clarke | Sportsman | 00:09:06.869 | 00:09:39.968 | 00:08:57.745 | 00:09:21.928 | 00:09:26.241 | 00:09:12.245 | 00:55:44.996 |
| 104 | 110 | Spencer Davies | Sportsman | 00:10:09.536 | 00:08:45.957 | 00:09:02.855 | 00:09:56.193 | 00:09:00.001 | 00:09:00.619 | 00:55:55.161 |
| 105 | 72 | Richard Alldred | Vets 55+ | 00:08:43.230 | 00:10:02.511 | 00:09:08.179 | 00:09:10.445 | 00:09:22.239 | 00:09:31.561 | 00:55:58.165 |
| 106 | 74 | Duncan Bowen | Vets 55+ | 00:10:02.435 | 00:08:48.260 | 00:09:30.112 | 00:08:55.486 | 00:09:15.071 | 00:09:51.891 | 00:56:23.255 |
| 107 | 2 | George Eccleston | Sportsman | 00:08:59.368 | 00:09:53.708 | 00:09:32.301 | 00:09:01.021 | 00:09:15.245 | 00:10:41.283 | 00:57:22.926 |
| 108 | 82 | Steve Taylor | Vets 55+ | 00:09:38.287 | 00:09:16.988 | 00:09:49.595 | 00:09:49.804 | 00:10:26.461 | 00:09:41.881 | 00:58:43.016 |
| 109 | 108 | Jay Codling | Sportsman | 00:09:07.373 | 00:10:47.866 | 00:08:53.589 | 00:10:33.952 | 00:10:43.919 | 00:08:40.704 | 00:58:47.403 |
| 110 | 114 | Vaughn Humphreys | Sportsman | 00:10:41.846 | 00:09:50.091 | 00:09:20.719 | 00:09:40.158 | 00:12:32.000 | 00:09:37.240 | 01:01:42.054 |
| 111 | 121 | Sean Massey | Sportsman | 00:11:16.866 | 00:09:54.985 | 00:10:41.381 | 00:09:28.823 | 00:10:19.387 | 00:10:04.727 | 01:01:46.169 |
| 112 | 79 | Chloe Harding | Ladies | 00:09:48.989 | 00:09:54.930 | 00:10:56.160 | 00:09:57.587 | 00:11:19.862 | 00:09:56.007 | 01:01:53.535 |
| 113 | 115 | Grant Lilley | Sportsman | 00:10:04.428 | 00:10:33.730 | 00:10:13.835 | 00:10:43.215 | 00:10:44.677 | 00:10:01.919 | 01:02:21.804 |
| 114 | 145 | Barney Swambo | Youth 12-16 | 00:11:12.950 | 00:11:01.355 | 00:10:47.972 | 00:10:28.651 | 00:11:13.025 | 00:11:02.815 | 01:05:46.768 |
| 115 | 143 | Piers Ward | Youth 12-16 | 00:10:08.946 | 00:09:44.471 | 00:09:10.668 | 00:09:14.071 | 00:14:35.968 | 00:13:03.000 | 01:05:57.124 |
| DNF | 105 | Russell Carpenter | Sportsman | 00:09:26.532 | 00:10:56.401 | 00:10:43.907 | 00:14:08.902 | 00:10:32.121 | 00:10:34.517 | 01:06:22.380 |
| DNF | 86 | Liam Crowe | Clubman E1 | 00:08:07.071 | 00:08:01.396 | 00:08:18.321 | 00:18:17.992 | 00:09:38.274 | dns | 00:52:23.054 |
| DNF | 154 | Rob Ward | Vets 45+ | 00:10:21.250 | 00:10:29.265 | 00:10:19.534 | 00:10:15.890 | 00:13:20.552 | dns | 00:54:46.491 |
| DNF | 146 | Dan Darnley | Sportsman | 00:07:32.396 | 00:07:37.020 | 00:07:49.785 | 00:07:41.866 | 00:07:48.574 | dns | 00:38:29.641 |
| DNF | 84 | Marc Lewis | Championship E2 | 00:08:00.494 | 00:07:42.587 | 00:07:39.736 | 00:07:45.411 | 00:07:37.172 | dns | 00:38:45.400 |
| DNF | 39 | Iwan Roberts | Expert E2 | 00:06:53.401 | 00:06:43.778 | 00:06:43.822 | 00:06:32.738 | dns | dns | 00:26:53.739 |
| DNF | 58 | Sion Wright | Under 23 Expert | 00:06:54.712 | 00:06:49.845 | 00:06:48.895 | dns | dns | dns | 00:20:33.452 |
| DNF | 95 | Luke Evans | Clubman E2 | 00:07:30.998 | 00:07:25.623 | 00:07:21.361 | dns | dns | dns | 00:22:17.982 |
| DNF | 70 | Jason Powell | Vets 45+ | 00:07:59.277 | 00:07:59.414 | 00:09:37.249 | dns | dns | dns | 00:25:35.940 |
| DNF | 73 | Neil Sweeney | Vets 55+ | 00:09:18.771 | 00:09:04.024 | 00:09:33.528 | dns | dns | dns | 00:27:56.323 |
| DNF | 61 | Richard Cole | Vets 45+ | 00:08:50.259 | 00:10:19.697 | 00:10:33.748 | dns | dns | dns | 00:29:43.704 |
| DNF | 13 | Tomos Wright | Under 23 Championship | 00:06:37.066 | 00:06:22.362 | dns | dns | dns | dns | 00:12:59.428 |
| DNF | 56 | Dylan Tinker | Under 23 Expert | 00:07:04.705 | 00:06:55.533 | dns | dns | dns | dns | 00:14:00.238 |
| DNF | 126 | Ben Withington | Sportsman | 00:10:57.614 | 00:09:52.841 | dns | dns | dns | dns | 00:20:50.455 |
| DNF | 80 | Nick Preston | Sportsman | 00:10:33.681 | 00:11:28.976 | dns | dns | dns | dns | 00:22:02.657 |
| DNF | 81 | Harry Best | Clubman E1 | 00:07:27.969 | dnf | dns | dns | dns | dns | 00:07:27.969 |

| ACU British Sprint Day 1 Overall | | | | | | | | | | |
|----------------------------------|-----|-------------------|-----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 118 | Jack Edmondson | Championship E1 | 00:06:03.787 | 00:05:58.583 | 00:05:59.319 | 00:05:52.245 | 00:05:50.153 | 00:05:49.194 | 00:35:33.281 |
| 2 | 8 | Sam Davies | Championship E1 | 00:06:19.913 | 00:06:11.796 | 00:06:13.859 | 00:06:08.379 | 00:06:07.556 | 00:06:08.442 | 00:37:09.945 |
| 3 | 3 | Alfie Webb | Championship E1 | 00:06:30.575 | 00:06:22.547 | 00:06:14.575 | 00:06:13.899 | 00:06:14.753 | 00:06:16.031 | 00:37:52.380 |
| 4 | 9 | Ryan Crowder | Championship E1 | 00:06:35.873 | 00:06:24.115 | 00:06:19.563 | 00:06:13.345 | 00:06:11.162 | 00:06:14.095 | 00:37:58.153 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 12 | Brad Freeman | Championship E2 | 00:05:54.478 | 00:05:43.417 | 00:05:39.724 | 00:05:38.854 | 00:05:34.841 | 00:05:37.362 | 00:34:08.676 |
| 2 | 1 | Nathan Watson | Championship E2 | 00:05:59.868 | 00:05:51.777 | 00:05:49.252 | 00:05:45.587 | 00:05:40.675 | 00:05:40.957 | 00:34:48.116 |
| 3 | 68 | Jamie McCanney | Championship E2 | 00:05:59.015 | 00:05:57.208 | 00:05:50.943 | 00:05:52.145 | 00:05:51.654 | 00:05:51.184 | 00:35:22.149 |
| 4 | 4 | Dan Mundell | Championship E2 | 00:06:04.240 | 00:06:00.452 | 00:05:56.890 | 00:05:55.578 | 00:05:51.172 | 00:05:47.846 | 00:35:36.178 |
| 5 | 6 | Ricky Wiggins | Championship E2 | 00:06:27.979 | 00:06:13.905 | 00:06:14.527 | 00:06:09.984 | 00:06:08.760 | 00:06:10.701 | 00:37:25.856 |
| 6 | 18 | Ross Danby | Championship E2 | 00:06:33.550 | 00:06:31.707 | 00:06:27.968 | 00:06:27.061 | 00:06:24.890 | 00:06:28.521 | 00:38:53.697 |
| 7 | 5 | Toby Bailey | Championship E2 | 00:06:56.733 | 00:06:45.938 | 00:06:54.102 | 00:06:47.231 | 00:07:02.700 | 00:06:50.450 | 00:41:17.154 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 42 | Callum Hughes | Under 23 Championship | 00:06:22.070 | 00:06:11.331 | 00:06:10.386 | 00:06:09.626 | 00:06:06.236 | 00:06:06.953 | 00:37:06.602 |
| 2 | 20 | Rees Jones | Under 23 Championship | 00:06:35.764 | 00:06:18.824 | 00:06:13.316 | 00:06:13.650 | 00:06:07.076 | 00:06:06.934 | 00:37:35.564 |
| 3 | 17 | Charlie Crossland | Under 23 Championship | 00:06:23.679 | 00:06:15.728 | 00:06:15.665 | 00:06:14.788 | 00:06:19.097 | 00:06:16.707 | 00:37:45.664 |
| 4 | 22 | Keelan Hope | Under 23 Championship | 00:06:38.984 | 00:06:35.420 | 00:06:34.964 | 00:06:27.502 | 00:06:29.283 | 00:06:26.739 | 00:39:12.892 |
| DNF | 13 | Tomos Wright | Under 23 Championship | 00:06:37.066 | 00:06:22.362 | dns | dns | dns | dns | 00:12:59.428 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 53 | Josh Lawer | Expert E1 | 00:06:38.205 | 00:06:26.979 | 00:06:21.214 | 00:06:19.782 | 00:06:16.536 | 00:06:18.763 | 00:38:21.479 |
| 2 | 26 | Ryan Mundell | Expert E1 | 00:06:49.286 | 00:06:45.926 | 00:06:39.919 | 00:06:44.718 | 00:06:35.801 | 00:06:36.641 | 00:40:12.291 |
| 3 | 67 | Ryan Rowlands | Expert E1 | 00:06:47.934 | 00:06:44.792 | 00:06:42.015 | 00:06:39.739 | 00:06:41.002 | 00:06:40.701 | 00:40:16.183 |
| 4 | 10 | Richard Ely | Expert E1 | 00:06:50.975 | 00:06:39.209 | 00:06:45.834 | 00:06:41.364 | 00:06:41.491 | 00:06:41.211 | 00:40:20.084 |
| 5 | 19 | Henry Partridge | Expert E1 | 00:06:57.230 | 00:06:50.492 | 00:06:38.446 | 00:06:38.883 | 00:06:41.168 | 00:06:35.458 | 00:40:21.677 |
| 6 | 38 | Rhydian Rees | Expert E1 | 00:07:31.480 | 00:06:44.523 | 00:06:37.319 | 00:06:35.302 | 00:06:27.265 | 00:06:26.720 | 00:40:22.609 |
| 7 | 21 | Ethan Phillips | Expert E1 | 00:06:49.186 | 00:06:47.600 | 00:06:41.819 | 00:07:08.768 | 00:06:44.572 | 00:06:42.106 | 00:40:54.051 |
| 8 | 24 | Jordan Ridgway | Expert E1 | 00:06:50.029 | 00:07:01.942 | 00:07:01.449 | 00:06:43.520 | 00:06:36.589 | 00:06:41.646 | 00:40:55.175 |
| 9 | 32 | Lucas Travers | Expert E1 | 00:06:56.631 | 00:07:04.652 | 00:06:52.969 | 00:06:56.517 | 00:06:53.247 | 00:06:57.140 | 00:41:41.156 |
| 10 | 36 | Daniel Atkinson | Expert E1 | 00:07:20.896 | 00:07:11.329 | 00:07:17.563 | 00:09:10.654 | 00:07:18.627 | 00:07:19.048 | 00:45:38.117 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 28 | Ryan Comer | Expert E2 | 00:06:49.577 | 00:06:38.485 | 00:06:31.375 | 00:06:27.525 | 00:06:27.045 | 00:06:30.798 | 00:39:24.805 |
| 2 | 34 | Albert Martindale | Expert E2 | 00:06:42.900 | 00:06:48.678 | 00:06:36.469 | 00:06:29.380 | 00:06:30.001 | 00:06:24.577 | 00:39:32.005 |
| 3 | 77 | Will Keenan | Expert E2 | 00:06:49.070 | 00:06:38.357 | 00:06:37.172 | 00:06:42.513 | 00:06:31.133 | 00:06:39.561 | 00:39:57.806 |
| 4 | 29 | Rhys Davies | Expert E2 | 00:06:44.055 | 00:06:36.333 | 00:06:36.274 | 00:06:37.607 | 00:06:43.013 | 00:06:43.089 | 00:40:00.371 |
| 5 | 35 | James Paczynski | Expert E2 | 00:06:58.179 | 00:06:46.374 | 00:06:43.136 | 00:06:36.368 | 00:06:30.832 | 00:06:32.934 | 00:40:07.823 |
| 6 | 37 | Jacob Potts | Expert E2 | 00:06:47.637 | 00:06:40.703 | 00:06:51.155 | 00:06:41.472 | 00:06:42.506 | 00:06:43.554 | 00:40:27.027 |
| 7 | 41 | Jamie Paget | Expert E2 | 00:06:59.749 | 00:06:46.203 | 00:06:46.600 | 00:06:42.149 | 00:06:39.678 | 00:06:38.578 | 00:40:32.957 |
| 8 | 33 | Josh Kirby | Expert E2 | 00:06:54.068 | 00:06:44.894 | 00:06:40.462 | 00:06:46.336 | 00:06:44.522 | 00:06:43.124 | 00:40:33.406 |
| 9 | 30 | Matt Hockenhill | Expert E2 | 00:07:03.179 | 00:06:50.961 | 00:06:36.227 | 00:06:40.499 | 00:06:35.581 | 00:06:48.949 | 00:40:35.396 |
| 10 | 27 | Jamie Buckingham | Expert E2 | 00:06:56.629 | 00:06:49.883 | 00:06:47.391 | 00:06:45.900 | 00:06:42.883 | 00:06:44.553 | 00:40:47.239 |
| 11 | 52 | Tom Shepherd | Expert E2 | 00:06:55.296 | 00:06:43.125 | 00:06:38.991 | 00:06:50.373 | 00:06:57.032 | 00:06:51.262 | 00:40:56.079 |
| 12 | 31 | Jordan Jones | Expert E2 | 00:07:00.146 | 00:06:55.720 | 00:06:56.368 | 00:06:56.722 | 00:06:54.022 | 00:06:47.974 | 00:41:30.952 |
| 13 | 101 | James Clarke | Expert E2 | 00:07:05.626 | 00:07:10.259 | 00:07:18.294 | 00:06:58.719 | 00:06:58.617 | 00:06:55.547 | 00:42:27.062 |
| 14 | 54 | Ailbie O'Connell | Expert E2 | 00:07:08.746 | 00:06:58.770 | 00:07:16.897 | 00:07:10.254 | 00:07:01.017 | 00:07:11.600 | 00:42:47.284 |
| 15 | 64 | Aled Humphreys | Expert E2 | 00:07:15.488 | 00:07:12.058 | 00:07:08.522 | 00:07:33.707 | 00:07:18.993 | 00:07:21.259 | 00:43:50.027 |
| 16 | 40 | Paul Simons | Expert E2 | 00:07:40.532 | 00:07:38.387 | 00:07:52.080 | 00:07:39.402 | 00:07:36.292 | 00:07:50.511 | 00:46:17.204 |
| DNF | 39 | Iwan Roberts | Expert E2 | 00:06:53.401 | 00:06:43.778 | 00:06:43.822 | 00:06:32.738 | dns | dns | 00:26:53.739 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 48 | Henry Life | Under 23 Expert | 00:06:44.383 | 00:06:30.918 | 00:06:28.111 | 00:06:28.198 | 00:06:24.063 | 00:06:23.288 | 00:38:58.961 |
| 2 | 50 | Fraiser Lampkin | Under 23 Expert | 00:06:40.042 | 00:06:26.170 | 00:08:00.652 | 00:06:25.185 | 00:06:23.701 | 00:06:26.669 | 00:40:22.419 |
| 3 | 120 | Jack Sandland | Under 23 Expert | 00:06:50.024 | 00:06:48.840 | 00:07:07.701 | 00:06:49.038 | 00:06:38.236 | 00:06:41.379 | 00:40:55.218 |
| 4 | 55 | Ollie Samways | Under 23 Expert | 00:07:02.378 | 00:06:55.966 | 00:06:50.594 | 00:06:52.275 | 00:07:22.320 | 00:06:52.180 | 00:41:55.713 |
| 5 | 45 | Luke Flynn | Under 23 Expert | 00:07:39.694 | 00:07:26.690 | 00:07:40.767 | 00:07:24.473 | 00:07:16.477 | 00:07:16.279 | 00:44:44.380 |
| DNF | 58 | Sion Wright | Under 23 Expert | 00:06:54.712 | 00:06:49.845 | 00:06:48.895 | dns | dns | dns | 00:20:33.452 |
| DNF | 56 | Dylan Tinker | Under 23 Expert | 00:07:04.705 | 00:06:55.533 | dns | dns | dns | dns | 00:14:00.238 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 83 | Paul J Clarke | Clubman E1 | 00:07:25.353 | 00:07:15.549 | 00:07:23.370 | 00:07:26.752 | 00:07:15.532 | 00:07:09.738 | 00:43:56.294 |
| 2 | 91 | Paddy Rosney | Clubman E1 | 00:07:25.813 | 00:07:14.801 | 00:07:21.216 | 00:07:23.534 | 00:07:17.421 | 00:07:24.733 | 00:44:07.518 |
| 3 | 90 | Josh Marsh | Clubman E1 | 00:07:38.268 | 00:07:24.116 | 00:07:20.818 | 00:07:22.118 | 00:07:23.417 | 00:07:21.155 | 00:44:29.892 |
| 4 | 92 | Ben Sprigg | Clubman E1 | 00:07:27.825 | 00:07:27.182 | 00:07:31.281 | 00:07:24.578 | 00:07:28.144 | 00:07:33.898 | 00:44:52.908 |
| 5 | 88 | Connor Flavell | Clubman E1 | 00:08:44.798 | 00:07:51.099 | 00:08:11.029 | 00:07:47.792 | 00:07:46.910 | 00:07:38.608 | 00:48:00.236 |
| 6 | 89 | Luke Jones | Clubman E1 | 00:08:54.442 | 00:07:57.802 | 00:08:20.266 | 00:08:19.702 | 00:08:06.465 | 00:08:05.525 | 00:49:44.202 |
| 7 | 93 | Jason Rowlands | Clubman E1 | 00:08:29.853 | 00:08:09.086 | 00:08:27.055 | 00:09:00.646 | 00:08:48.246 | 00:08:36.814 | 00:51:31.700 |
| 8 | 87 | Cian Evans | Clubman E1 | 00:08:40.961 | 00:09:00.266 | 00:08:43.546 | 00:08:46.788 | 00:09:22.546 | 00:08:44.131 | 00:53:18.238 |
| DNF | 86 | Liam Crowe | Clubman E1 | 00:08:07.071 | 00:08:01.396 | 00:08:18.321 | 00:18:17.992 | 00:09:38.274 | dns | 00:52:23.054 |
| DNF | 81 | Harry Best | Clubman E1 | 00:07:27.969 | dnf | dns | dns | dns | dns | 00:07:27.969 |

| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
|-----|-----|---------------------|------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 98 | Chris Hughes | Clubman E2 | 00:07:22.443 | 00:07:12.266 | 00:07:09.468 | 00:07:10.115 | 00:07:11.106 | 00:07:09.612 | 00:43:15.010 |
| 2 | 76 | Eddie Phillips | Clubman E2 | 00:07:25.380 | 00:07:08.880 | 00:07:09.009 | 00:07:08.665 | 00:07:15.291 | 00:07:08.172 | 00:43:15.397 |
| 3 | 43 | Nathan Connolly | Clubman E2 | 00:07:43.925 | 00:07:20.300 | 00:07:12.931 | 00:07:18.285 | 00:07:24.077 | 00:07:13.465 | 00:44:12.983 |
| 4 | 99 | Charlie Morgan | Clubman E2 | 00:07:27.619 | 00:07:09.291 | 00:07:42.907 | 00:07:22.211 | 00:07:20.167 | 00:07:24.986 | 00:44:27.181 |
| 5 | 97 | Reece Giles | Clubman E2 | 00:07:34.188 | 00:07:20.605 | 00:07:22.198 | 00:07:22.123 | 00:07:26.334 | 00:07:28.299 | 00:44:33.747 |
| 6 | 102 | Steve Vass | Clubman E2 | 00:07:36.092 | 00:07:23.011 | 00:07:34.934 | 00:07:26.634 | 00:07:34.696 | 00:07:29.848 | 00:45:05.215 |
| 7 | 96 | Kirk Giles | Clubman E2 | 00:07:45.372 | 00:07:35.032 | 00:07:44.297 | 00:07:43.304 | 00:07:40.604 | 00:07:44.665 | 00:46:13.274 |
| 8 | 94 | Liam English | Clubman E2 | 00:08:07.107 | 00:07:48.284 | 00:07:40.684 | 00:07:44.416 | 00:08:05.624 | 00:09:12.879 | 00:48:38.994 |
| DNF | 84 | Marc Lewis | Clubman E2 | 00:08:00.494 | 00:07:42.587 | 00:07:39.736 | 00:07:45.411 | 00:07:37.172 | dns | 00:38:45.400 |
| DNF | 95 | Luke Evans | Clubman E2 | 00:07:30.998 | 00:07:25.623 | 00:07:21.361 | dns | dns | dns | 00:22:17.982 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 44 | Rosie Rowett | Ladies | 00:07:45.209 | 00:07:10.834 | 00:07:16.831 | 00:07:14.408 | 00:07:14.886 | 00:07:16.147 | 00:43:58.315 |
| 2 | 57 | Annabelle Bolt | Ladies | 00:07:32.005 | 00:07:18.443 | 00:07:27.698 | 00:07:08.239 | 00:07:20.959 | 00:07:20.813 | 00:44:08.157 |
| 3 | 157 | Brooke Mudie | Ladies | 00:07:54.143 | 00:07:28.738 | 00:07:26.070 | 00:07:16.163 | 00:07:55.792 | 00:07:40.987 | 00:45:41.893 |
| 4 | 85 | Emmy Pitcher | Ladies | 00:08:13.892 | 00:08:04.099 | 00:09:42.792 | 00:09:07.200 | 00:09:56.000 | 00:08:35.184 | 00:53:39.167 |
| 5 | 79 | Chloe Harding | Ladies | 00:09:48.989 | 00:09:54.930 | 00:10:56.160 | 00:09:57.587 | 00:11:19.862 | 00:09:56.007 | 01:01:53.535 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 7 | Jamie Powell | Vets 45+ | 00:06:51.181 | 00:06:45.049 | 00:06:41.255 | 00:06:43.899 | 00:06:52.942 | 00:06:44.204 | 00:40:38.530 |
| 2 | 71 | John Shirt | Vets 45+ | 00:06:58.847 | 00:06:52.498 | 00:07:03.855 | 00:06:50.842 | 00:06:53.372 | 00:06:54.578 | 00:41:33.992 |
| 3 | 62 | Arron Crowder | Vets 45+ | 00:07:19.716 | 00:07:06.590 | 00:07:10.186 | 00:07:02.719 | 00:07:03.374 | 00:07:06.651 | 00:42:49.236 |
| 4 | 60 | James Berrill | Vets 45+ | 00:07:23.263 | 00:07:12.361 | 00:07:07.272 | 00:07:05.346 | 00:07:05.273 | 00:06:58.237 | 00:42:51.752 |
| 5 | 63 | Karl Greenall | Vets 45+ | 00:07:25.939 | 00:07:10.382 | 00:07:10.643 | 00:07:14.349 | 00:07:11.891 | 00:07:11.520 | 00:43:24.724 |
| 6 | 66 | Darren Kiff | Vets 45+ | 00:07:21.713 | 00:07:07.640 | 00:07:22.730 | 00:07:34.456 | 00:07:43.870 | 00:07:11.127 | 00:44:21.536 |
| 7 | 65 | Dai Jones | Vets 45+ | 00:07:51.334 | 00:07:42.650 | 00:07:48.281 | 00:07:47.063 | 00:07:36.545 | 00:07:32.519 | 00:46:18.392 |
| 8 | 69 | Ludovit Lucan | Vets 45+ | 00:08:46.416 | 00:08:27.093 | 00:08:31.543 | 00:08:34.310 | 00:08:29.076 | 00:08:36.555 | 00:51:24.993 |
| DNF | 154 | Rob Ward | Vets 45+ | 00:10:21.250 | 00:10:29.265 | 00:10:19.534 | 00:10:15.890 | 00:13:20.552 | dns | 00:54:46.491 |
| DNF | 70 | Jason Powell | Vets 45+ | 00:07:59.277 | 00:07:59.414 | 00:09:37.249 | dns | dns | dns | 00:25:35.940 |
| DNF | 61 | Richard Cole | Vets 45+ | 00:08:50.259 | 00:10:19.697 | 00:10:33.748 | dns | dns | dns | 00:29:43.704 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 75 | Anthony Crowe | Vets 55+ | 00:07:51.712 | 00:07:45.348 | 00:07:45.407 | 00:07:47.403 | 00:07:40.143 | 00:07:38.934 | 00:46:28.947 |
| 2 | 112 | Lee Carpenter | Vets 55+ | 00:08:41.256 | 00:08:38.273 | 00:08:52.490 | 00:08:33.205 | 00:08:33.715 | 00:08:58.273 | 00:52:17.212 |
| 3 | 72 | Richard Alldred | Vets 55+ | 00:08:43.230 | 00:10:02.511 | 00:09:08.179 | 00:09:10.445 | 00:09:22.239 | 00:09:31.561 | 00:55:58.165 |
| 4 | 74 | Duncan Bowen | Vets 55+ | 00:10:02.435 | 00:08:48.260 | 00:09:30.112 | 00:08:55.486 | 00:09:15.071 | 00:09:51.891 | 00:56:23.255 |
| 5 | 82 | Steve Taylor | Vets 55+ | 00:09:38.287 | 00:09:16.988 | 00:09:49.595 | 00:09:49.804 | 00:10:26.461 | 00:09:41.881 | 00:58:43.016 |
| DNF | 73 | Neil Sweeney | Vets 55+ | 00:09:18.771 | 00:09:04.024 | 00:09:33.528 | dns | dns | dns | 00:27:56.323 |
| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
| 1 | 117 | James Linney | Sportsman | 00:08:08.260 | 00:08:13.341 | 00:08:08.108 | 00:08:19.892 | 00:08:04.908 | 00:08:11.919 | 00:49:06.428 |
| 2 | 122 | Conner Redman | Sportsman | 00:08:47.032 | 00:08:27.776 | 00:08:13.841 | 00:08:13.786 | 00:07:59.619 | 00:08:48.545 | 00:50:30.599 |
| 3 | 127 | Dave Withington | Sportsman | 00:08:33.013 | 00:08:16.802 | 00:08:21.248 | 00:08:23.700 | 00:08:23.508 | 00:08:37.067 | 00:50:35.338 |
| 4 | 107 | Liam Tran | Sportsman | 00:08:21.429 | 00:08:30.716 | 00:08:19.474 | 00:08:17.350 | 00:09:00.950 | 00:08:35.636 | 00:51:05.555 |
| 5 | 137 | Brooklyn Knill | Sportsman | 00:08:54.607 | 00:08:42.080 | 00:08:44.488 | 00:08:42.281 | 00:08:31.635 | 00:08:37.178 | 00:52:12.269 |
| 6 | 125 | Ricardo Taraborelli | Sportsman | 00:08:35.376 | 00:08:39.039 | 00:08:34.611 | 00:08:45.250 | 00:08:51.260 | 00:08:49.192 | 00:52:14.728 |
| 7 | 109 | Saul Hayden | Sportsman | 00:08:57.710 | 00:08:38.578 | 00:08:39.764 | 00:08:36.508 | 00:08:45.662 | 00:08:50.371 | 00:52:28.593 |
| 8 | 111 | Tom Hughes | Sportsman | 00:09:16.669 | 00:08:40.730 | 00:08:32.358 | 00:08:38.462 | 00:08:39.987 | 00:08:45.332 | 00:52:33.538 |
| 9 | 113 | Matt Jesson | Sportsman | 00:08:44.394 | 00:08:26.784 | 00:08:48.273 | 00:08:44.946 | 00:08:57.450 | 00:08:58.829 | 00:52:40.676 |
| 10 | 103 | Dean Alexander | Sportsman | 00:08:59.835 | 00:08:58.944 | 00:09:05.518 | 00:09:26.531 | 00:09:29.220 | 00:09:14.804 | 00:55:14.852 |
| 11 | 106 | Dan Clarke | Sportsman | 00:09:06.869 | 00:09:39.968 | 00:08:57.745 | 00:09:21.928 | 00:09:26.241 | 00:09:12.245 | 00:55:44.996 |
| 12 | 110 | Spencer Davies | Sportsman | 00:10:09.536 | 00:08:45.957 | 00:09:02.855 | 00:09:56.193 | 00:09:00.001 | 00:09:00.619 | 00:55:55.161 |
| 13 | 2 | George Eccleston | Sportsman | 00:08:59.368 | 00:09:53.708 | 00:09:32.301 | 00:09:01.021 | 00:09:15.245 | 00:10:41.283 | 00:57:22.926 |
| 14 | 108 | Jay Codling | Sportsman | 00:09:07.373 | 00:10:47.866 | 00:08:53.589 | 00:10:33.952 | 00:10:43.919 | 00:08:40.704 | 00:58:47.403 |
| 15 | 114 | Vaughn Humphreys | Sportsman | 00:10:41.846 | 00:09:50.091 | 00:09:20.719 | 00:09:40.158 | 00:12:32.000 | 00:09:37.240 | 01:01:42.054 |
| 16 | 121 | Sean Massey | Sportsman | 00:11:16.866 | 00:09:54.985 | 00:10:41.381 | 00:09:28.823 | 00:10:19.387 | 00:10:04.727 | 01:01:46.169 |
| 17 | 115 | Grant Lilley | Sportsman | 00:10:04.428 | 00:10:33.730 | 00:10:13.835 | 00:10:43.215 | 00:10:44.677 | 00:10:01.919 | 01:02:21.804 |
| DNF | 105 | Russell Carpenter | Sportsman | 00:09:26.532 | 00:10:56.401 | 00:10:43.907 | 00:14:08.902 | 00:10:32.121 | 00:10:34.517 | 01:06:22.380 |
| DNF | 146 | Dan Darnley | Sportsman | 00:07:32.396 | 00:07:37.020 | 00:07:49.785 | 00:07:41.866 | 00:07:48.574 | dnf | 00:38:29.641 |
| DNF | 126 | Ben Withington | Sportsman | 00:10:57.614 | 00:09:52.841 | dns | dns | dns | dns | 00:20:50.455 |
| DNF | 80 | Nick Preston | Sportsman | 00:10:33.681 | 00:11:28.976 | dns | dns | dns | dns | 00:22:02.657 |

| Pos | No. | Name | Class | Test 1 | Test 2 | Test 3 | Test 4 | Test 5 | Test 6 | Total Time |
|-----|-----|--------------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | 128 | Ben Allen | Youth 12-16 | 00:06:47.181 | 00:06:41.509 | 00:06:41.358 | 00:06:44.335 | 00:06:42.140 | 00:06:42.878 | 00:40:19.401 |
| 2 | 129 | Jack Brooks | Youth 12-16 | 00:06:56.225 | 00:06:51.578 | 00:06:45.621 | 00:06:51.280 | 00:06:50.286 | 00:06:51.863 | 00:41:06.853 |
| 3 | 140 | Daniel Rosborough | Youth 12-16 | 00:07:01.628 | 00:07:01.567 | 00:06:53.291 | 00:06:49.689 | 00:07:07.729 | 00:06:47.474 | 00:41:41.378 |
| 4 | 2 | Harry Jones | Youth 12-16 | 00:07:48.914 | 00:07:31.079 | 00:07:29.785 | 00:07:45.406 | 00:07:32.001 | 00:07:31.134 | 00:45:38.319 |
| 5 | 25 | Charles Hamer | Youth 12-16 | 00:07:49.105 | 00:07:38.472 | 00:07:38.388 | 00:07:34.830 | 00:07:37.220 | 00:07:27.546 | 00:45:45.561 |
| 6 | 135 | Ioan Humphreys | Youth 12-16 | 00:07:41.253 | 00:07:37.046 | 00:07:48.862 | 00:07:45.185 | 00:07:36.772 | 00:07:35.796 | 00:46:04.914 |
| 7 | 136 | Theo-Ross Jones | Youth 12-16 | 00:07:35.813 | 00:08:08.671 | 00:07:46.704 | 00:07:43.518 | 00:07:42.518 | 00:07:45.367 | 00:46:42.591 |
| 8 | 142 | Charlie Walters | Youth 12-16 | 00:07:43.365 | 00:07:58.251 | 00:07:35.610 | 00:08:09.333 | 00:07:33.348 | 00:07:44.535 | 00:46:44.442 |
| 9 | 144 | George Williams | Youth 12-16 | 00:07:39.828 | 00:07:55.475 | 00:07:52.903 | 00:08:00.995 | 00:07:48.211 | 00:07:43.760 | 00:47:01.172 |
| 10 | 130 | Billy Chambers | Youth 12-16 | 00:07:45.428 | 00:07:35.430 | 00:07:39.979 | 00:07:53.629 | 00:08:17.037 | 00:08:14.499 | 00:47:26.002 |
| 11 | 133 | Billy Greenall | Youth 12-16 | 00:08:12.080 | 00:07:53.418 | 00:08:33.065 | 00:07:58.651 | 00:07:52.700 | 00:07:46.279 | 00:48:16.193 |
| 12 | 138 | Zayed bin Mohammed | Youth 12-16 | 00:07:51.776 | 00:07:42.061 | 00:07:57.308 | 00:08:07.560 | 00:08:13.771 | 00:08:38.419 | 00:48:30.895 |
| 13 | 47 | Preston Flynn | Youth 12-16 | 00:07:00.618 | 00:14:08.707 | 00:07:04.640 | 00:06:49.621 | 00:06:45.430 | 00:06:45.667 | 00:48:34.683 |
| 14 | 147 | Taylor Darnley | Youth 12-16 | 00:08:12.674 | 00:08:02.948 | 00:07:52.624 | 00:08:30.332 | 00:07:59.867 | 00:08:18.697 | 00:48:57.142 |
| 15 | 134 | Bill Guiry | Youth 12-16 | 00:08:01.635 | 00:08:12.035 | 00:09:10.087 | 00:09:11.662 | 00:08:45.499 | 00:08:37.806 | 00:51:58.724 |
| 16 | 100 | Tommy Rowan | Youth 12-16 | 00:08:31.658 | 00:09:05.742 | 00:09:00.836 | 00:08:48.256 | 00:08:51.315 | 00:09:17.484 | 00:53:35.291 |
| 17 | 145 | Barney Swambo | Youth 12-16 | 00:11:12.950 | 00:11:01.355 | 00:10:47.972 | 00:10:28.651 | 00:11:13.025 | 00:11:02.815 | 01:05:46.768 |
| 18 | 143 | Piers Ward | Youth 12-16 | 00:10:08.946 | 00:09:44.471 | 00:09:10.668 | 00:09:14.071 | 00:14:35.968 | 00:13:03.000 | 01:05:57.124 |